

PrEP FOR BETTER™ Discussion Guide

Talking to your healthcare provider about PrEP may not always be an easy conversation, but it's a very important one. Your willingness to talk frankly about your sexual and drug use history enables your doctor to help you stay HIV negative.

This discussion guide can help you have a better, more informative conversation with your healthcare provider to determine your risk for HIV and whether PrEP for HIV prevention is right for you.

Of course, everyone is different, so please adapt these questions to fit your needs.

What Is PrEP?

PrEP, or pre-exposure prophylaxis, is a daily pill or bi-monthly injection that can protect you from getting HIV. When taken correctly, PrEP works to keep you HIV-negative.

Questions to ask your doctor

- Am I a good candidate for PrEP?
- What other options do I have to lower my risk of getting HIV?
- How effective is PrEP at reducing my risk of HIV infection?
- Are there any side effects to PrEP?
- How often will I have to be tested for HIV and other STDs?
- Have you heard of Renegade.health?
- Renegade.health offers no-cost at-home PrEP testing and can send medication directly to my home. Do you have any thoughts on this?

Additional questions for women & people who can get pregnant

- Can PrEP help me to get pregnant safely if my partner has HIV?
- Can I take PrEP if I am pregnant or breastfeeding?

Resources for your provider

- 🔗 [Preexposure Prophylaxis for the Prevention of HIV Infection in the United States: Clinical Practice Guideline and Clinical Providers' Supplement](#) (US Public Health Service)
- 🔗 [Screening for HIV in Health Care Settings: A Guidance Statement from the American College of Physicians and HIV Medicine Association](#)
- 🔗 [PrEP for HIV Prevention: Let's Talk About It](#)
- 🔗 [NACCHO Discussion Guide](#)